

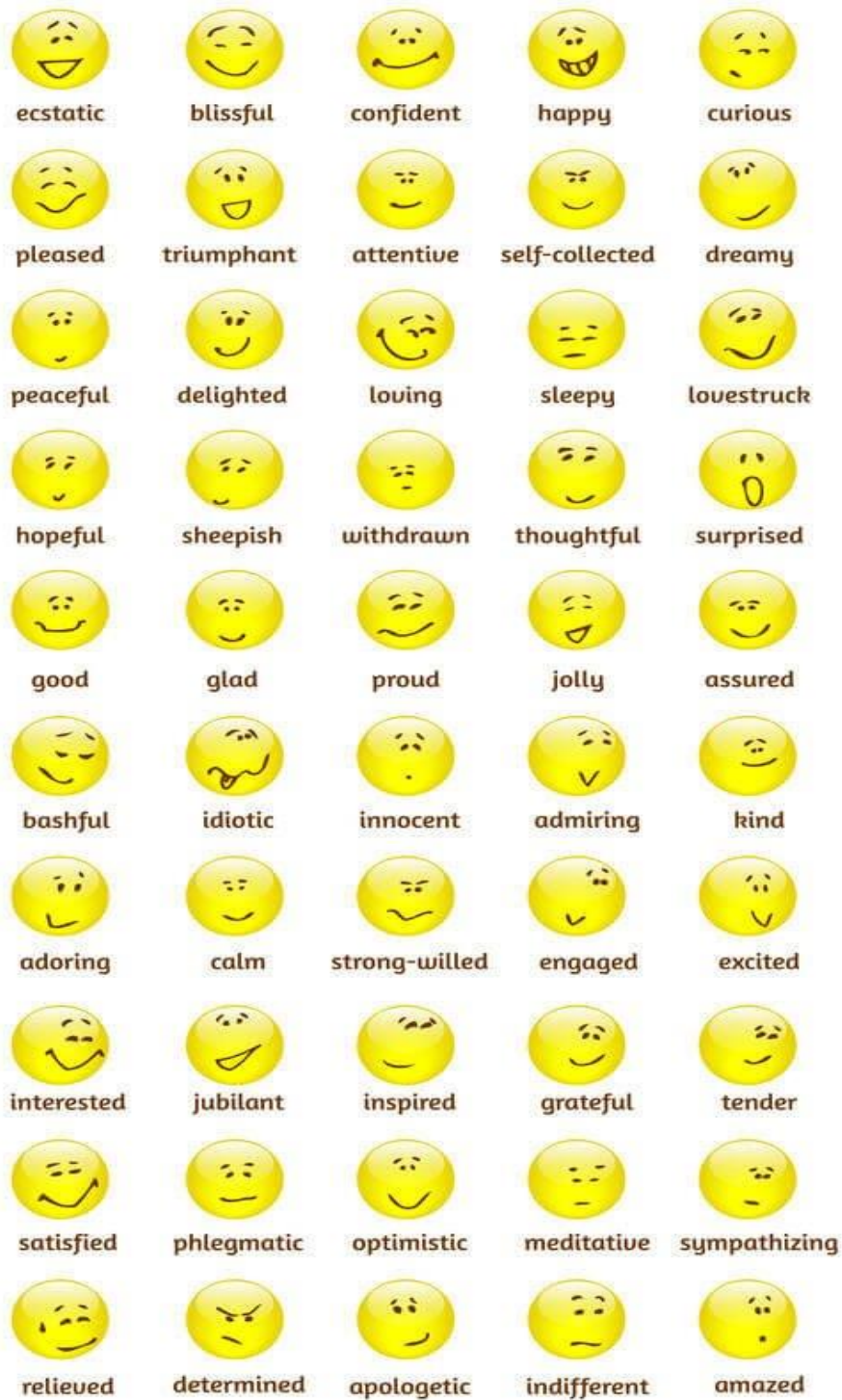
# UNIT 3 On ...duty

EXERCISE 4 p. 28

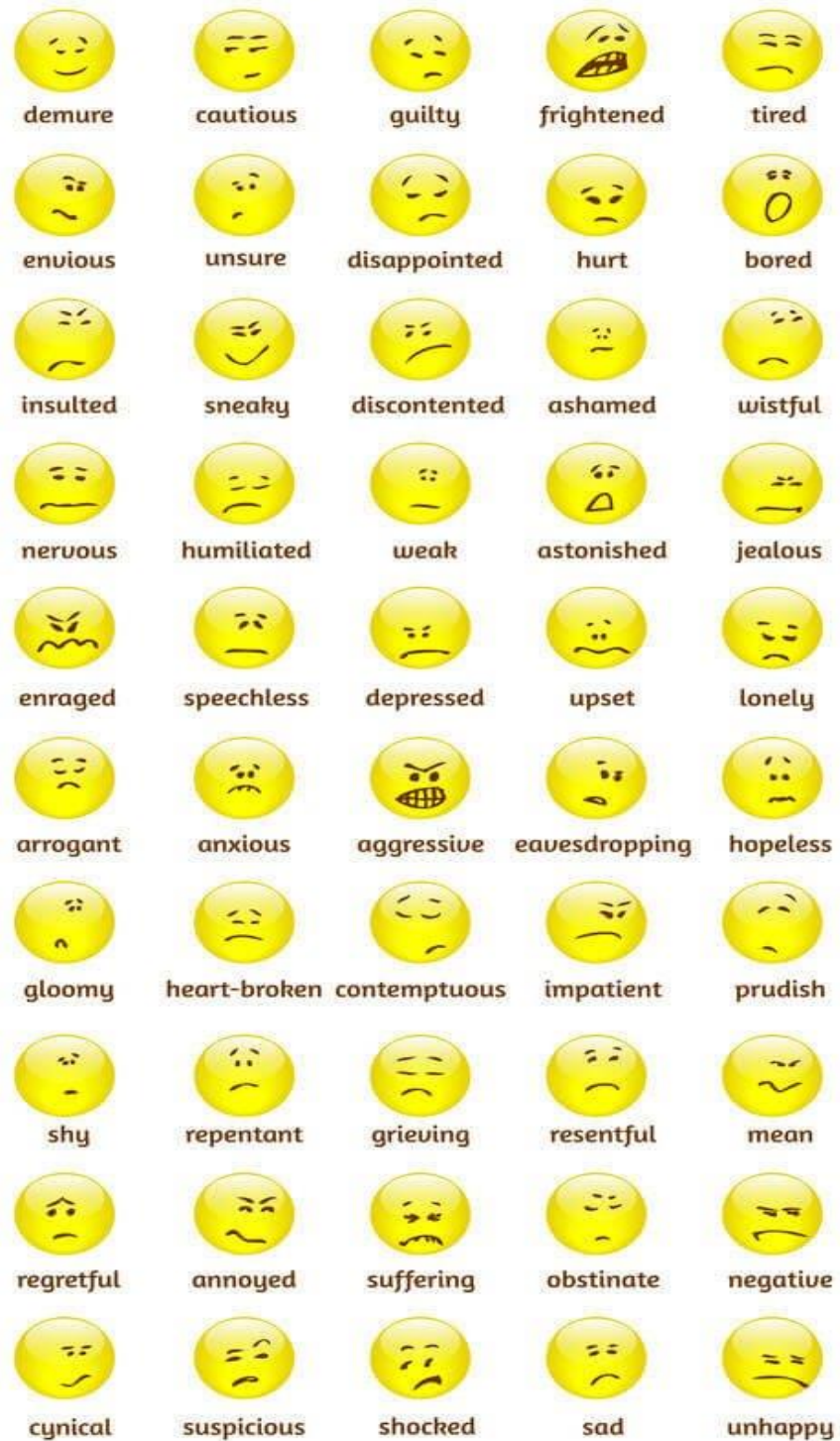
*Talking about feelings*

depressed	pessimistic	wretched	desperate	annoyed	disgusted	unhappy
furious	awful	worried	sad	horrible	panicky	hateful
resentful	helpless	hurt	insecure	fed up	troubled	mad
upset	anxious	weary	mournful	bewildered	embarrassed	frustrated

## Positive emotions



## Negative emotions



The positive/ negative picture above is from PositivePsychology.com

<https://positivepsychology.com/positive-negative-emotions/>