

Greek-Origin Words Related to Well-being



Ευφορία

Euphoria

MEANING: a feeling of intense happiness

Θεραπεία

MEANING: a feeling of intense happiness

Therapy

MEANING: treatment intended to relieve or heal

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Ψυχή

Psyche

MEANING: the human mind or soul

Αρμονία

Harmony

MEANING: a pleasing balance of elements

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Ενέργεια

Energy

MEANING: the strength and vitality needed for activity

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Ιδέα

Idea

MEANING: a thought or suggestion

Γυμνάσιο

Gymnasium (Gym)

MEANING: a place for physical exercise

Αθλητής

Athlete

MEANING: a person skilled in physical activities

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Φιλοσοφία

Philosophy

MEANING: the study of fundamental truths of existence

Οικοσύστημα

Ecosystem

MEANING: a community of interacting organisms

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Δίαιτα

Diet

MEANING: a habitual way of eating

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Χρόνος

Chronos

MEANING: the order of time

Ἡθος

Ethics

MEANING: moral principles guiding behavior

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Κόσμος

Cosmos

MEANING: the universe regarded as an ordered system

Ρυθμός

Rhythm

MEANING: a repeated regular pattern of movement or sound

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Ψυχίατρος

Psychiatry

MEANING: relating to healing of soul

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Αισθητική

Aesthetic

MEANING: concerned with beauty or artistic expression

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Τραύμα

Trauma

MEANING: a deeply distressing experience

Συμπάθεια

Sympathy

MEANING: feelings of compassion or understanding

Ενσυναίσθηση

Empathy

MEANING: the ability to understand others' feelings

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Βιολογία

Biology

MEANING: the study of living organisms

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Υγιεινή

Hygiene

MEANING: practices that maintain health

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